

## Point Lookout

## FEEL THE HISTORY 5K RUN/WALK

## October 7, 2012 9 a.m. Point Lookout State Park

Entry Fees: \$20.00 Pre-registered Runners/Walkers

\$ 5.00 Pets (dog walkers)

Kids-FREE!

\$25.00 Race Day Registration



All proceeds go to the **Point Lookout Lighthouse** Preservation Society, Inc.

- Unique prizes
- Scenic course
- Family fun for all

Make your check or money order payable to PLLPS, Inc., and mail to: PLLPS, Inc. P.O. Box 135 Saint Leonard, MD 20685

We can also accept PayPal, see website for

details: www.pllps.org

\*Race is limited to 250 participants-check website for details and updates.\*

Age on Race Day:	Entry Fee of \$ Enclosed
Shirt Size: M L XL	I cannot participate, but would like to contribute \$
Dog:	Emergency Contact Name/Number:
Name:	
Address:	WAIVER: I, The undersigned, intending bound hereby, for myself, my heirs, exec

to be legally cutors and administrators waive and release any and all claims for damages I may have against Point Lookout State Park and Point Lookout Preservation Society, the state of Maryland and any and all sponsors and their representatives, successors and assigns for any injuries suffered by me in said event. I verify that I am physically fit and have sufficiently trained for the completion of the event and my physical condition has been verified by a licensed

Date:

Signature/Parent or Guardian Signature if less than 18 years old

Phone Number: